

PETER PIPER'S PICKLED PEPPERS

2 medium green peppers
 1 medium red pepper
 1 medium yellow pepper
 ½ cup finely chopped onion
 ½ cup vinegar
 Pinch of salt
 Sweetener to taste
 1 thinly sliced cucumber

Slice peppers into ¼-inch strips. In a bowl, toss onions, vinegar, sweetener, salt and pepper. Add cucumber slices and toss. Let stand 30 minutes. Add peppers. Let stand 30 minutes at room temperature before serving.

Mary M. Miller
 Franklin

PRETZEL SALAD

3 cups pretzels, crushed
 ½ cup butter, softened
 4½ Tbsp. sugar

Mix above ingredients and put in 13- by 9-inch pan. Bake at 400 degrees for 8-10 minutes. Cool completely.

8 oz. cream cheese
 1 cup sugar
 16 oz. Cool Whip

Mix these ingredients and spread over pretzel mixture. Combine 2 small pkgs. strawberry Jell-o and 2 cups boiling water. Stir until dissolved. Add 2 10-oz. pkgs. frozen strawberries and stir until melted. Set in refrigerator until almost set, then pour over cream cheese.

Shanawa Zacherl
 Redbank Valley High School

RANCH PASTA

2 cups pasta, cooked and cooled
 1½ cups Ranch dressing
 ½ cup parmesan cheese
 2 Tbsp. parsley flakes
 Salt and pepper to taste

Bring water to a boil and drop in pasta. Cook 15-20 minutes, then drain. Let cool for 15 minutes. Add other ingredients and mix. Serves 4.

Shyla Johnson
 Allegheny-Clarion Valley High School

SHELL SALAD

1 box small shells, cooked, drained and cooled
 3 small cucumbers
 1-2 onions
 Small jar pimentos
 1 green pepper
 ¾ cup sugar
 ¾ cup oil
 ¾ cup vinegar
 1 can tomato soup

Mix cucumbers, onions, pimentos and pepper with cooked shells. Mix together sugar, oil, vinegar and tomato soup. Pour over shells. Refrigerate until serving.

Betty Mertzis
 Tionesta



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UPMC Cancer Center at UPMC Northwest is affiliated with the University of Pittsburgh Cancer Institute, a National Cancer Institute-designated Comprehensive Cancer Center

DID YOU KNOW...?
3 out of 4 Venango County students do not drink alcohol. Instead, they are involved in outdoor activities, sports, music, art, volunteer work & other hobbies.

2007 Venango County Pennsylvania Youth Survey, N=1,165. Sponsored by the Venango County Together We Can Prevention Council and funded by a grant from the Pennsylvania Liquor Control Board.