

VEGETABLE NUT BREAD

1 cup whole wheat flour
 1 cup all-purpose flour
 1 Tbsp. baking powder
 ¼ tsp. baking soda
 ½ tsp. ground ginger
 1 tsp. salt
 1 cup milk
 3 Tbsp. honey
 3 Tbsp. olive oil
 1 egg
 ½ cup chopped cooked spinach, thoroughly drained
 ½ cup chopped toasted walnuts or almonds
 ½ cup freshly grated parmesan or swiss cheese

Preheat oven to 375 degrees. Grease and flour a medium loaf pan. In a large bowl, stir and toss together the whole

wheat flour, all-purpose flour, baking powder, baking soda, ginger and salt. Set aside. In a medium bowl, whisk together the milk, honey, oil and egg. Stir in the spinach, nuts and cheese. Add to the combined dry ingredients and stir just until blended. Spread evenly in the prepared pan. Bake until a thin wooden skewer inserted in the center comes out clean, about 50-55 minutes. Cool in the pan for 10 minutes, then turn out onto a wire rack to cool completely.

**Candy E. Baker
 Franklin**

ZUCCHINI BREAD

¼ cup shortening
 1 cup sugar
 3 eggs

1 cup grated zucchini, not peeled
 2 cups Jiffy baking mix
 ½ tsp. cinnamon
 ½ tsp. vanilla

Heat oven to 350 degrees. Grease and flour 9- by 5-inch pan. Cream shortening and sugar. Add additional ingredients and mix well. Bake 50-55 minutes.

**Kareena Eisenman
 North Clarion High School**

ZUCCHINI BREAD

3 eggs
 1 cup cooking oil
 3 tsp. vanilla

2 cups zucchini that's been put through a grinder
 2 cups sugar
 3 cups flour
 1 tsp. salt
 1 tsp. soda
 3 tsp. cinnamon

In one bowl, mix eggs, oil, vanilla, zucchini and sugar. In another bowl, mix flour, salt, soda and cinnamon. Mix together. Put in 2 loaf pans that have been generously sprayed with cooking spray. Bake at 350 degrees 55-60 minutes. Will be done when knife inserted in center comes out clean.

**Trisha Jester
 Clintonville**

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