

**STUFFED PEPPERS**

- 1 pound hamburger, browned
- 1 pound ground sausage, browned
- 1 medium onion, diced
- ½ cup uncooked rice
- ½ tsp. salt
- ½ tsp. pepper
- 1 egg

Mix all ingredients and stuff into 4 green peppers that have been washed and seeded. Add 1 large can tomato sauce on top of peppers and bake at 350 degrees for 2 hours. Serves 4.

Shyla Johnson  
Allegheny-Clarion Valley High School

**STUFFED TURKEY BREASTS**

- 2 large skinless, boneless turkey breasts (or chicken)
- Homemade stuffing (see below)
- 2 cans turkey gravy
- 1 can water

Brown turkey; split in half, but leave a "hinge" on one end. Mix gravy and water and set aside. Stuff turkey breasts and sprinkle leftover stuffing over top. Top with gravy and bake at 350 degrees for 1 to 1½ hours.

Stuffing:  
1 loaf white bread, left to sit out to dry for 24 hours  
Poultry seasoning  
Chicken stock

Tear bread into chunks. Gradually add chicken stock and poultry seasoning. Mix to your liking. Add more stock for softer stuffing.  
Laura Shaffer  
Grove City

**SWEET & SOUR CHICKEN**

- 2-3 boneless, skinless chicken breasts
- 1 cup water
- 1 cup soy sauce
- 1 cup sugar
- ¼ cup pineapple juice
- ¼ cup oil
- 1 tsp. garlic powder
- 1 tsp. ginger

Mix ingredients and pour over chicken. Bake at 375 degrees for 1 hour.

Laura Shaffer  
Grove City

**TACO PIE**

- 4 cups tortilla chips, crushed
- 1 egg white, beaten
- 2 tsp. chili powder
- 1 pound lean hamburger
- 1 tsp. salt
- 1 cup chopped onion
- 1 clove garlic, minced
- 1 can chili beans
- ½ cup salsa
- 2 cups shredded lettuce
- 2 cups shredded cheddar cheese
- 1 tomato, diced
- Sour cream (optional)
- Guacamole (optional)

Preheat oven to 400 degrees. Spray 10-inch glass pie plate with cooking spray. Mix crushed chips and egg white together. Press evenly on bottom of pie plate. Bake until crisp, about 15 minutes. Brown beef, onion and garlic over medium heat until cooked. Drain. Add beans, salsa, chili powder and salt. Simmer 10 minutes. Stir 1 cup cheese into beef mixture. Pour over chips. Top with remaining cheese, lettuce and tomato. Serve with sour cream and guacamole, if desired.

Phyllis Agnello  
Knox



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